

STARTERS

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PARACETAMOL

Paracetamol

Aracetamol

Racetamol

Acetamol

~~**cetamol**~~

Etamol

tamol

amol

mol

ol

l

WE SHALL HAMMER

- We shall hammer with one hammer, hammer with one hammer, hammer with one hammer we all do the same.
- We shall hammer with two hammers, hammer with two hammers, hammer with two hammers we all do the same.

GIVE ME A HEARTBEAT

- Give me a heartbeat boom boom, a heartbeat boom boom. 2x
- Give me a heartbeat and a sneezing, boom boom eeetiinn 3x
- Give me a heartbeat, a sneezing and coughing, boom boom eeetiinn, eehee eehee.

MINGLE MINGLE

- Mingle mingle – mingle 2x
Two mingle (2 come together)
- Mingle mingle – mingle 2x
Three mingle (3 come together)
- Mingle mingle – mingle 2x
four mingle (4 come together)

ONE MAN AND THE SON

- One man and the son, went to weed the cocoa farm.
- Two men went to farm, went to weed the cocoa farm.
- Two men, one man and the son, went to weed the cocoa farm.
- Three men went to farm, went to weed the cocoa farm.
- Three men, two men, one man and the son, went to weed the cocoa farm.

HAVE YOU SEEN

- Have you seen (eye), or heard (ear), about the header(head) who was needed(kneel) in the army(arm).
- Hip hip hip (Hips) Hurraaay (hands up)

I AM ONE AT THIS PLACE

- I am one, at this place. 3x

At this place, at this place I am one.

- We are two, at this place. 3x

At this place, at this place we are two. (2 come together)

NOSE, NOSE, NOSE

- Nose, nose, nose (touching the nose)
- Response: nose, nose, nose
- Shoulder, shoulder, shoulder (touching shoulders)
- Response: shoulder, shoulder, shoulder
- *(cont. with other parts of the body then mix them up to see if pupils can identify the part of body).*

I AM COUNTING ONE

- I'm counting one, what is one
- 1 - One is one alone, alone it shall be.
- 2 - Two pair, two pair come pair let us pair
- 3 - Turn around
- 4 - Follow me
- 5 - Fire
- 6 - Sister
- 7 - Saviour
- 8 - Eat more fruits
- 9 - Nana Yaw
- 10 - Thank your God.

WASH WASH WASH

- Wash, Wash, Wash
- Wash your hands
- In the morning – Wash your hands
- After eating - Wash your hands
- After visiting the washroom - Wash your hands
- After playing - Wash your hands

COUNTING FROM ONE TO TEN

- 1 2 3 response 1 2 3
- 4 5 6 response 4 5 6
- 7 response 7
- 8 response 8
- 9 and 10 response 9 and 10.
- Do you know – do you know
- How to count – how to count *(point at a pupil)*
- Pupil respond: Yes I know, (Yes I know)
how to count (how to count)
- *(pupil start counting and also point another person)*

WE ARE GOING

- We are going 2X
- We are going to the train station
- The train is coming lalalala push push 2x
- Chukuchaka 2x push push 2x

TO WHOM DOES IT BELONG TO

- Group 1 - To to to to to to to to
- Group 2 - To whom to, to whom to
- Group 3 - To whom does it belong to

TOSA TOSA TOSA

- Tosa tosa tosa – tosa 3x
- (*Pupil come to the floor dancing and spells his/her name*)

SOMETHING PASS

- Something pass
- Response: something pass through my body to my heart.
- Something pass
- Response: something pass through my mouth to my stomach.
- Lalala laaa
- Response: lala laa lala lala lala la
- Lololo loo
- Response: lolo loo lolo lolo lolo lo

KWAKU ANANSE

- Kwaku Ananse kɔtɔɔ mpaboa ahoprepre nti wanhunu hye
- Wɔde nifa akɔhye benkum, wɔde benkum nso akɔhye nifa.

ANLOMA

- Anloma ei yidu yihō 2x
- γενε dede yidu anloma kosoa
- Anloma ei yidu yihō